



2016 OWM Fall Retreat  
September 9-11, 2016  
Camp Christian, Magnetic Springs, Ohio



Theme: "CHANGE---What???"

Dear Sisters

*Fall Retreat this year is going to be a hoot! We are very excited to welcome back and spend time with Reverend Mary Anne Glover, former associate regional pastor for the Christian Church in Ohio. Mary Anne was responsible for Ohio Women's Ministries from 1998 to 2007. She now serves as the Regional Pastor in the Northeastern Region (NJ, NY, CT, ME, RI, MA) since September, 2008.*

*Take a step away from your regular routines and responsibilities and spend the weekend on the Holy grounds of beautiful Camp Christian. This is a chance to relax, connect with nature and spend time in prayer focusing on God's plan for you and your ministry. Is your women's group ill prepared to exist in the future, or falling behind in reaching the next generation? Are you quick to execute, but slow to think, strategize, and plan for the future? It's up to each one of us to inspire change in the world and in others. Each individual, every women's ministry group, and every congregation must live through the change process. Because ready or not...change happens! Share your story, how is your women's ministries thriving or dying? We will spend the weekend focusing on how to lead the change rather than just manage it.*

*In addition to the keynotes, workshops, and Bible study we will spend time in fellowship, singing and telling stories that connect us. You will have an opportunity to share your favorite Mary Anne story, and I know you have one! We are blessed to have the awesome mother-daughter musical duo of Charlotte Bougher and Lanie Davis back with us this year.*

### **Housing**

*We will be using only the BOTTOM BUNKS for sleeping arrangements as we have the past few years. For those of you who usually request housing in Monroe Lodge, you may be perfectly comfortable in the cabins on a bottom bunk. The cabins are closer to the gym and easily accessible to the dining hall, so if you have difficulty walking you may want to request a cabin closest to the gym and dining hall. For those who are handicapped and would prefer to stay in Monroe Lodge, please explain your handicap so that we may better accommodate you. Monroe Lodge fills up fast and though we will try to accommodate you, it is still first come, first served.*

## WORKSHOP DESCRIPTIONS

### 1. A CHANGE....is going to come

Change is inescapable; it is a part of life! From the time we are born, our bodies change continuously. Every day we deal with change in our personal lives and in our Church.

So the question is not if there is going to be change, the question is how we will handle the change? Come share and explore ways of handling change because in the words of Benjamin Franklin, "When you're finished changing, you're finished."

### 2. Disciples Volunteering

Learn what you and your congregation might do in supporting local missions, shaping servant leaders and sending teams in mission. Disciples Volunteering promotes service and mission that witnesses to our faith in action. See where we have been and where we might go next.

### 3. Choir

*Learn some new songs or sing some old ones and make a joyful noise until the Lord.*

### 4. Bible Study...CHANGE WHAT?...Isaiah 43:18-19

I am convinced that our Creator absolutely loves and delights in change! It is not too difficult to imagine why- just think of all the different types of changes that occur around us: life, seasons, animals, the industrial revolution, the abolition of slavery, the civil rights movement and the women's suffrage movement, immigrant rights, animal rights, environmental, indigenous rights, women's and men's, elders, people with disabilities; over time, all of these focal points have changed. How could anyone deny that God positively rejoices in change, dancing with delight at change and difference? It is obvious to me that if the Christian Church (Disciples of Christ) authentically cares about reflecting and embodying God, then it must genuinely welcome and embrace change and differences among its membership. We need to learn to use the Bible as a textbook for our liberation, illumination, and change and not one for keeping us "stuck" where we are on our journey.

### Service Project "Days For Girls"

*Learn what you might do in making sustainable (reusable) sanitary items for girls in areas of the world that may be prohibited from going to school on "those days"! You will see the products, have sewing demonstrations and assemble kits. You may even sew during free time. Please bring supplies to help make the kits:*

- *Panties (girl's size 10-14)*
- *Washcloths-small type*
- *Travel sized soap*
- *One-gallon size Ziploc freezer bags--they are the most durable. (Non-slider please)*
- *Flannel fabric*
- *Thread*

**\*\*\*We will be sewing and assembling the kits, so supplies are needed for this project. In addition we will be collecting supplies and donating 1/3 of the offering to Cleveland Christian Home.**



## ***Why Does Days for Girls Matter?***



What if not having sanitary supplies meant DAYS without school? Days of isolation? Girls use leaves, mattress stuffing, newspaper, corn husks, rocks, and anything they can find... but still miss up to 2 months education and opportunity every year. It turns out this issue is a surprising but instrumental key to social change for women all over the world.

These kits are made with love by thousands of volunteers around the world or by local women filling the need for their own community. Quality matters because women and girls depend on this product, and kits have to endure frequent washing in harsh conditions.

The Days for Girls (DfG) kit design is the result of feedback from women all over the world. Listening is an approach that results in solutions that work. That's important, because every washable Feminine Hygiene Kit gives back up to 6 months of living in just 3 years of use.\* That's 180 days of education, health, safety and dignity. Do you know about Menstrual Cups? They are awesome too.

### **# What's in a kit?**

- 1 Drawstring bag so she can carry her bag to school. Comfort, style and durability matter because this will be an accessory of hers for up to 3 years.
- 2 Moisture barrier shields. These hold liners comfortably in place while stopping leaks. Pre-loaded with one liner in one shield and 2 in the other to show she can adjust to her flow needs. Shields are leak-proof because of a moisture proof lining called PUL.
- 2 Pairs of panties (Girls' size 10 - 14)
- 8 Absorbent tri-fold pads. Soft flannel liners are super absorbent when folded in three and can be layered for extra coverage. Unfolded they are square so they dry fast and wash with very little water, AND girls can dry them without risking taboos.
- 1 Washcloth-small type
- 1 Travel-sized soap. Travel-sized to save transport weight. Distributing organizations can provide additional soap access in-country.
- 2 One-gallon size Ziploc freezer bags. Effective for transporting soiled items and soaking and laundering items with very little water. Why Ziploc brand freezer bags? They are most durable. (Non -slider please)
- 1 Visual instruction sheet

- 1 **All this adds up to life-changing Days.**

To learn more about the project go to: [www.daysforgirls.org](http://www.daysforgirls.org)

## Cleveland Christian Home

The director of Cleveland Christian Home will share news and events and pick up the items that we collect for the home. 1/3 of the offering collected on Saturday and Sunday morning will also be given to Cleveland Christian Home. They are currently in need of the following items (new or like new) for the children, teens and families that they serve.

1. Gift Cards to Target or Giant Eagle
2. School Supplies (See the [cchome.org](http://cchome.org) for a complete list of school supplies)
3. Winter Boots
4. Winter Coats
5. Gloves and Hats
6. Thermal underwear
7. Blankets
8. Slippers
9. Sweatshirts (men's sizes M-XL)
10. Boxers (men's sizes M-XL)

### Silent Auction

*Please bring your basket(s) and attach a list of what is in each basket. This will aid in the bidding process. Be creative and generous; the more interesting the basket, the more generous the bids will be. Thank you as always.*

### Chaplain

*We will again have the services of a chaplain who will provide the daily meditations and be on call to provide support and pastoral care if you are facing challenges, or just want to talk to someone. The chaplain will be housed in Monroe Lodge or in the Infirmary located in the administration building.*

### Craft Sales

*Do you enjoy sewing? Knitting? Crocheting? Or, do you have other handmade crafts you wish to sell? It will cost you just \$20 for a 6ft table. Just complete the information on the registration and we will set up for space.*

### What to bring to Camp

- Bedding (sheets, blanket, pillow or sleeping bag)
- Towel & wash cloth
- Toiletries
- Warm & cool clothing (depending upon the weather it can get cool at night).
- Money for the silent auction and the offering

Address for driving directions: 10335 Maple Dell Rd, Marysville, Ohio 43040

## When you arrive at Camp

- **Parking**  
There is parking in the gravel parking lot next to the administration building. For those staying at Monroe Lodge, there is limited parking in front of the lodge. There is also parking near the gym and cabins. You must turn onto the drive that leads to Monroe Lodge and make a right turn to go to the administration building.
- **Registration**  
You may park in the lot adjacent to the administration building to complete registration and get your room assignment. \*\*Please do not drive over the logs in the administration building parking lot. The logs are placed there for protection. Look for the signs which will be posted.

## Important Information for First Timers

<b>CRAFTS</b>	Crafts are sometimes available for sale and are displayed and sold in the gym or dining hall. Not all retreats will have craft sales. Craft tables are available for rent this year.
<b>LIGHTS OUT</b>	We ask that you turn off the lights and observe quiet time after 11:00pm if you have roommates who are sleeping.
<b>MEALS</b>	Meals will be served in the dining hall. Please see your schedule for meal times.
<b>PROGRAM</b>	General Session's maybe held in the gym or the dining hall. You will find workshop locations listed in the program booklet. Any changes will be announced during general sessions.
<b>RESTROOMS</b>	There are restrooms in the dining hall, gym, Administration Building, Monroe Lodge, and each cabin cluster.
<b>SILENCE</b>	Each participant is asked to use silent time to reflect and meditate in preparation for worship. Check the program booklet for scheduled silent times.
<b>SILENT AUCTION</b>	Theme baskets are donated by individuals and regional churches and are auctioned by silent bidding to raise funds for OWM operating or scholarship funds. This is the primary source for funding OWM activities. Baskets are on display in the dining hall. You may place bids during free time on Friday and Saturday. The auction will close prior to dinner on Saturday, and the names of the winner's will be announced after dinner. Baskets must be paid for when the winner is announced.
<b>SMOKING</b>	Camp Christian is a smoke-free environment and smoking on the campgrounds is prohibited.
<b>SNACKS</b>	Some but not all retreats offer pop, ice cream, and other snacks for purchase.